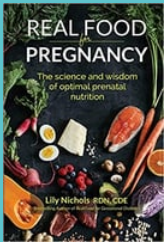
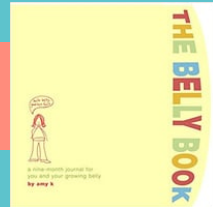


Birthpedia

book list recommendations

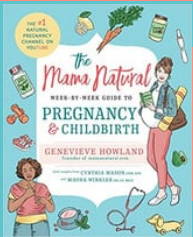
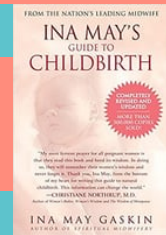


THE BELLY BOOK: A NINE-MONTH JOURNAL FOR YOU AND YOUR GROWING BELLY- AMY K



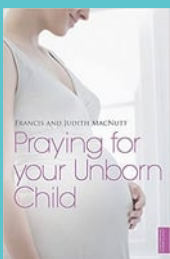
REAL FOOD FOR PREGNANCY: THE SCIENCE AND WISDOM OF OPTIMAL PRENATAL NUTRITION
BY LILY NICHOLS

INA MAY'S GUIDE TO CHILDBIRTH -
BY INA MAY GASKIN



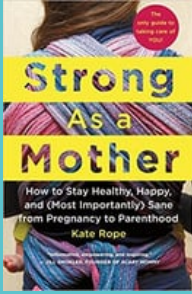
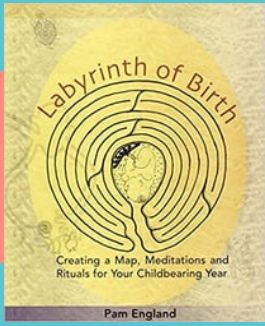
THE MAMA NATURAL WEEK-BY-WEEK GUIDE TO PREGNANCY AND CHILDBIRTH
BY GENEVIEVE HOWLAND

BIRTHING FROM WITHIN: AN EXTRA-ORDINARY GUIDE TO CHILDBIRTH PREPARATION
BY PAM ENGLAND AND ROB HOROWITZ



PRAYING FOR YOUR UNBORN CHILD
BY JUDITH MACNUTT & FRANCIS MACNUTT

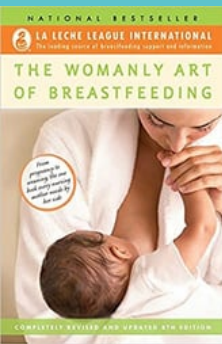
LABYRINTH OF BIRTH: CREATING A MAP, MEDITATIONS AND RITUALS FOR YOUR CHILDBEARING YEAR BY PAM ENGLAND



STRONG AS A MOTHER BY KATE ROPE

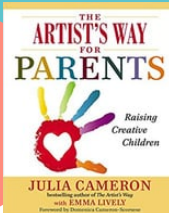
Postpartum

THE FIRST FORTY DAYS: THE ESSENTIAL ART OF NOURISHING THE NEW MOTHER



THE WOMANLY ART OF BREASTFEEDING BY DIANE WIESSINGER

LONG DAYS OF SMALL THINGS - MOTHERHOOD AS A SPIRITUAL DISCIPLINE BY CATHERINE MCNIEL



THE ARTIST'S WAY FOR PARENTS: RAISING CREATIVE CHILDREN BY JULIA CAMERON